**Personal Values**

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| --- | --- | --- | --- |
| WisdomWinningWell-beingWealthVolunteeringUnderstandingTruthTrustTraditionTeamworkSuccessSpiritualitySimplicityServiceSelf-relianceSelf-esteemSelf-disciplineSafetySacrificeRomanceRisk-takingResilienceReputationReligionResponsibilityRespect | ReliabilityProductivityPowerPersonal growthPerseverancePeacePatiencePatriotismOrderlinessOptimismOpennessOpen communicationNatureMercyMaking a differenceLoveLoyaltyListeningLearningLeadershipKnowledgeKindnessJusticeJoyJob securityIntuition | InspirationInitiativeIntegrityIndependenceHumorHumilityHopeHonestyHeritageHealthHarmonyGenerosityFunFriendshipFreedomForgivenessFlexibilityFitnessFinancial stabilityFamilyFameFaithFairnessExcellenceEthical behaviorEfficiency | EnthusiasmEmpathyDignityDependenceCuriosityCreativityCourtesyCourageCooperationConfidenceConflict resolutionCompetitivenessCompetenceCompassionCommunityCommitmentCollaborationCivilityCaringBoldnessBeautyAuthenticityAmbitionAdaptabilityAchievementAccountability |

**Personal Values Affirmation**

1. On the flip side of this page, circle the ten values that you consider to be the most

 important in your life.

2. Think for a bit about each of those ten values. Put a second circle around the three that

 are the most important of all of them.

3. Write a letter explaining to another student in your class why these values are important

 to you and what difference they have made in your life. Give some examples of things

 you have done or choices you have made in your life based on these three values.

Cia Verschelden 2020